



# 1

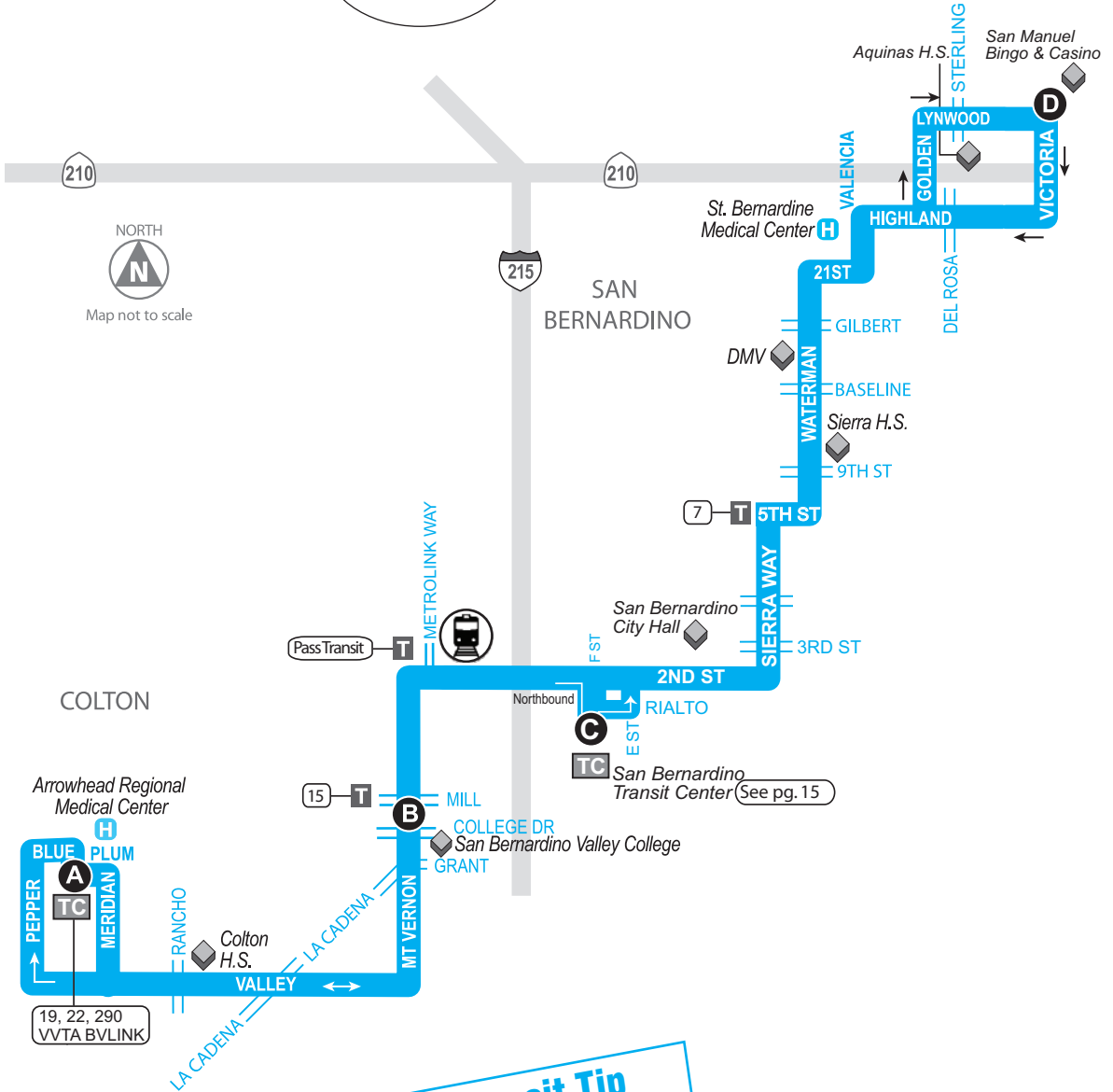
## ARMC - SAN BERNARDINO - DEL ROSA

■ Bus Route    
 **A** Timepoint - Look for the matching symbol in the timetable section.    
  Metrolink Station    
  Point of interest    
 **T** Transfer Point    
 **TC** Transit/Transfer Center  
||||| Tripper Service    
 **P** Park-and-Ride    
 **H** Medical Center    
 1,2 Connection Route(s)    
 **TC** Transit/Transfer Center

### FREQUENCY

WKDY	SAT	SUN
15	30	30

This route connects with sbX!



**Transit Tip**

**Traveling to downtown San Bernardino? Routes 1, 2, 3, 4, 7, 8, 10, 11, 14, 15, 215, 208, 290 and sbX get you there!**

## ROUTE 1: MONDAY – FRIDAY

ROUTE 1: MONDAY – FRIDAY									
<b>A</b>	<b>B</b>	<b>C</b>		<b>D</b>		<b>C</b>		<b>B</b>	<b>A</b>
Arrowhead Regional Medical Center	Mt. Vernon & College	San Bernardino Transit Center		Lynwood & Victoria		San Bernardino Transit Center		Mt. Vernon & College	Arrowhead Regional Medical Center
NORTHBOUND					SOUTHBOUND				
					4:36	5:01	5:06	5:13	5:26
					5:00	5:25	5:30	5:37	5:50
					5:18	5:51	5:56	6:04	6:17
					5:36	6:09	6:14	6:22	6:35
					5:44	6:17	6:22	6:30	6:43
					6:02	6:35	6:40	6:48	7:02
					6:14	6:50	6:55	7:06	7:22
5:33	5:47	6:00	6:05	6:30	6:32	7:08	7:13	7:24	7:40
5:45	5:59	6:12	6:17	6:42	6:44	7:20	7:25	7:36	7:52
6:00	6:14	6:27	6:32	6:57	6:59	7:35	7:40	7:51	8:07
6:15	6:29	6:42	6:47	7:12	7:14	7:50	7:55	8:06	8:22
6:30	6:44	6:57	7:02	7:27	7:29	8:05	8:10	8:21	8:37
6:45	6:59	7:12	7:17	7:42	7:44	8:20	8:25	8:36	8:52
7:00	7:14	7:27	7:32	7:57	7:59	8:35	8:40	8:51	9:07
7:14	7:29	7:42	7:47	8:14	8:14	8:50	8:55	9:06	9:22
7:26	7:41	7:57	8:02	8:29	8:29	9:05	9:10	9:21	9:37
7:41	7:56	8:12	8:17	8:44	8:44	9:20	9:25	9:36	9:52
7:56	8:11	8:27	8:32	8:59	8:59	9:35	9:40	9:51	10:07
8:11	8:26	8:42	8:47	9:14	9:14	9:50	9:55	10:06	10:22
8:26	8:41	8:57	9:02	9:29	9:29	10:05	10:10	10:21	10:37
8:41	8:56	9:12	9:17	9:47	9:49	10:25	10:30	10:41	10:57
8:56	9:11	9:27	9:32	10:02	10:04	10:40	10:45	10:56	11:12
9:11	9:26	9:42	9:47	10:17	10:19	10:55	11:00	11:11	11:27
9:26	9:41	9:57	10:02	10:32	10:34	11:10	11:15	11:26	11:42
9:41	9:56	10:12	10:17	10:47	10:49	11:25	11:30	11:41	11:57
9:56	10:11	10:27	10:32	11:02	11:04	11:40	11:45	11:56	12:12
10:11	10:26	10:42	10:47	11:17	11:19	11:55	12:00	12:11	12:27
10:26	10:41	10:57	11:02	11:32	11:34	12:10	12:15	12:26	12:42
10:41	10:56	11:12	11:17	11:47	11:49	12:25	12:30	12:41	12:57
10:56	11:11	11:27	11:32	12:02	12:04	12:40	12:45	12:56	1:12
11:11	11:26	11:42	11:47	12:17	12:19	12:55	1:00	1:11	1:27
11:26	11:41	11:57	12:02	12:32	12:34	1:10	1:15	1:26	1:42
11:41	11:56	12:12	12:17	12:47	12:49	1:25	1:30	1:41	1:57
11:56	12:11	12:27	12:32	1:02	1:04	1:40	1:45	1:56	2:12
12:11	12:26	12:42	12:47	1:17	1:19	1:55	2:00	2:11	2:27
12:26	12:41	12:57	1:02	1:32	1:34	2:10	2:15	2:26	2:42
12:41	12:56	1:12	1:17	1:47	1:49	2:25	2:30	2:41	2:57
12:51	1:06	1:22	1:27	1:57	1:59	2:35	2:40	2:51	3:07
1:10	1:26	1:42	1:47	2:17	2:19	2:55	3:00	3:11	3:27
1:25	1:41	1:57	2:02	2:32	2:34	3:10	3:15	3:26	3:42
1:40	1:56	2:12	2:17	2:47	2:49	3:25	3:30	3:41	3:57
1:55	2:11	2:27	2:32	3:02	3:04	3:40	3:45	3:56	4:12
2:10	2:26	2:42	2:47	3:17	3:19	3:55	4:00	4:11	4:27
2:25	2:41	2:57	3:02	3:32	3:34	4:10	4:15	4:26	4:42
2:40	2:56	3:12	3:17	3:47	3:49	4:25	4:30	4:41	4:57
2:55	3:11	3:27	3:32	4:02	4:04	4:40	4:45	4:56	5:12
3:10	3:26	3:42	3:47	4:17	4:19	4:55	5:00	5:11	5:27
3:25	3:41	3:57	4:02	4:32	4:34	5:10	5:15	5:26	5:42
3:40	3:56	4:12	4:17	4:47	4:49	5:25	5:30	5:41	5:57
3:55	4:11	4:27	4:32	5:02	5:04	5:40	5:45	5:56	6:12
4:10	4:26	4:42	4:47	5:14	5:16	5:52	5:57	6:08	6:24
4:25	4:41	4:57	5:02	5:29	5:31	6:07	6:12	6:23	6:39
4:40	4:56	5:12	5:17	5:44	5:46	6:22	6:27	6:38	6:54
4:55	5:11	5:27	5:32	5:59	6:01	6:37	6:42	6:53	7:09
5:10	5:26	5:42	5:47	6:14	6:16	6:52	6:57	7:08	7:24
5:25	5:41	5:57	6:02	6:29					
5:40	5:56	6:12	6:17	6:44	6:46	7:22	7:27	7:38	7:54
5:55	6:11	6:27	6:32	6:59					
6:13	6:28	6:41	6:47	7:14	7:16	7:52	7:57	8:08	8:24
6:28	6:43	6:56	7:02	7:29					
6:43	6:58	7:11	7:17	7:42	7:44	8:20	8:25	8:36	8:52
6:58	7:13	7:26	7:32	7:57	7:59	8:35	8:40	8:51	9:07
7:28	7:43	7:56	8:02	8:27	8:29	9:05	9:10	9:21	9:37
8:13	8:28	8:41	8:47	9:12	9:14	9:50	9:55	10:06	10:22
8:43	8:58	9:11	9:17	9:42	9:44	10:20	10:25	10:36	10:52
9:15	9:29	9:42	9:47	10:12	10:14	10:47			
9:42	9:56	10:09	10:14	10:39					

## ROUTE 1: SATURDAY

<b>A</b>	<b>B</b>	<b>C</b>		<b>D</b>		<b>C</b>	<b>B</b>	<b>A</b>
Arrowhead Regional Medical Center	Mt. Vernon & College	San Bernardino Transit Center		Lynwood & Victoria		San Bernardino Transit Center	Mt. Vernon & College	Arrowhead Regional Medical Center

### NORTHBOUND

### SOUTHBOUND

					6:25	7:01	7:06	7:16	7:32
5:52	6:08	6:19	6:24	6:49	6:51	7:27	7:32	7:42	7:58
6:44	7:00	7:11	7:16	7:41	7:41	8:17	8:22	8:32	8:48
7:07	7:23	7:34	7:39	8:04	8:06	8:42	8:47	8:57	9:13
7:37	7:53	8:04	8:09	8:36	8:38	9:14	9:19	9:29	9:45
8:07	8:23	8:34	8:39	9:06	9:08	9:44	9:49	9:59	10:15
8:37	8:53	9:04	9:09	9:36	9:38	10:14	10:19	10:29	10:45
9:07	9:23	9:34	9:39	10:09	10:11	10:47	10:52	11:02	11:18
9:33	9:50	10:04	10:09	10:39	10:41	11:17	11:22	11:32	11:48
10:03	10:20	10:34	10:39	11:09	11:11	11:47	11:52	<b>12:02</b>	<b>12:18</b>
10:33	10:50	11:04	11:09	11:39	11:41	<b>12:17</b>	<b>12:22</b>	<b>12:32</b>	<b>12:48</b>
11:03	11:20	11:34	11:39	<b>12:09</b>	<b>12:11</b>	<b>12:47</b>	<b>12:52</b>	<b>1:02</b>	<b>1:18</b>
11:33	11:50	<b>12:04</b>	<b>12:09</b>	<b>12:39</b>	<b>12:41</b>	<b>1:17</b>	<b>1:22</b>	<b>1:32</b>	<b>1:48</b>
<b>12:03</b>	<b>12:20</b>	<b>12:34</b>	<b>12:39</b>	<b>1:09</b>	<b>1:11</b>	<b>1:47</b>	<b>1:52</b>	<b>2:02</b>	<b>2:18</b>
<b>12:33</b>	<b>12:50</b>	<b>1:04</b>	<b>1:09</b>	<b>1:39</b>	<b>1:41</b>	<b>2:17</b>	<b>2:22</b>	<b>2:32</b>	<b>2:48</b>
<b>1:03</b>	<b>1:20</b>	<b>1:34</b>	<b>1:39</b>	<b>2:09</b>	<b>2:11</b>	<b>2:47</b>	<b>2:52</b>	<b>3:02</b>	<b>3:18</b>
<b>1:33</b>	<b>1:50</b>	<b>2:04</b>	<b>2:09</b>	<b>2:39</b>	<b>2:41</b>	<b>3:17</b>	<b>3:22</b>	<b>3:32</b>	<b>3:48</b>
<b>2:03</b>	<b>2:20</b>	<b>2:34</b>	<b>2:39</b>	<b>3:09</b>	<b>3:11</b>	<b>3:47</b>	<b>3:52</b>	<b>4:02</b>	<b>4:18</b>
<b>2:33</b>	<b>2:50</b>	<b>3:04</b>	<b>3:09</b>	<b>3:39</b>	<b>3:41</b>	<b>4:17</b>	<b>4:22</b>	<b>4:32</b>	<b>4:48</b>
<b>3:03</b>	<b>3:20</b>	<b>3:34</b>	<b>3:39</b>	<b>4:09</b>	<b>4:11</b>	<b>4:47</b>	<b>4:52</b>	<b>5:02</b>	<b>5:18</b>
<b>3:33</b>	<b>3:50</b>	<b>4:04</b>	<b>4:09</b>	<b>4:39</b>	<b>4:41</b>	<b>5:17</b>	<b>5:22</b>	<b>5:32</b>	<b>5:48</b>
<b>4:03</b>	<b>4:20</b>	<b>4:34</b>	<b>4:39</b>	<b>5:09</b>	<b>5:11</b>	<b>5:47</b>	<b>5:52</b>	<b>6:02</b>	<b>6:18</b>
<b>4:33</b>	<b>4:50</b>	<b>5:04</b>	<b>5:09</b>	<b>5:36</b>	<b>5:38</b>	<b>6:14</b>	<b>6:19</b>	<b>6:29</b>	<b>6:45</b>
<b>5:03</b>	<b>5:20</b>	<b>5:34</b>	<b>5:39</b>	<b>6:06</b>	<b>6:08</b>	<b>6:44</b>	<b>6:49</b>	<b>6:59</b>	<b>7:15</b>
<b>5:33</b>	<b>5:50</b>	<b>6:04</b>	<b>6:09</b>	<b>6:36</b>	<b>6:38</b>	<b>7:14</b>	<b>7:19</b>	<b>7:29</b>	<b>7:45</b>
<b>6:03</b>	<b>6:20</b>	<b>6:34</b>	<b>6:39</b>	<b>7:06</b>	<b>7:08</b>	<b>7:44</b>	<b>7:49</b>	<b>7:59</b>	<b>8:15</b>
<b>6:33</b>	<b>6:50</b>	<b>7:04</b>	<b>7:09</b>	<b>7:36</b>	<b>7:38</b>	<b>8:13</b>			
<b>7:07</b>	<b>7:23</b>	<b>7:34</b>	<b>7:39</b>	<b>8:06</b>	<b>8:08</b>	<b>8:43</b>			
<b>8:07</b>	<b>8:23</b>	<b>8:34</b>	<b>8:39</b>	<b>9:04</b>					
<b>8:37</b>	<b>8:49</b>	<b>9:00</b>							

## ROUTE 1: SUNDAY

<b>A</b>	<b>B</b>	<b>C</b>		<b>D</b>		<b>C</b>	<b>B</b>	<b>A</b>
Arrowhead Regional Medical Center	Mt. Vernon & College	San Bernardino Transit Center		Lynwood & Victoria		San Bernardino Transit Center	Mt. Vernon & College	Arrowhead Regional Medical Center

### NORTHBOUND

### SOUTHBOUND

					6:25	6:58	7:04	7:13	7:29
5:54	6:08	6:19	6:24	6:49	6:51	7:24	7:30	7:39	7:55
					7:36	8:09	8:15	8:24	8:40
7:07	7:21	7:32	7:37	8:02	8:04	8:37	8:43	8:52	9:08
7:37	7:51	8:02	8:07	8:32	8:34	9:07	9:13	9:22	9:38
8:07	8:21	8:32	8:39	9:04	9:06	9:39	9:45	9:54	10:10
8:37	8:51	9:02	9:09	9:34	9:36	10:09	10:15	10:24	10:40
9:06	9:21	9:32	9:39	10:04	10:06	10:42	10:48	10:58	11:14
9:36	9:51	10:02	10:10	10:37	10:39	11:15	11:21	11:31	11:47
10:07	10:22	10:33	10:38	11:07	11:09	11:45	11:51	<b>12:01</b>	<b>12:17</b>
10:37	10:52	11:03	11:08	11:37	11:39	<b>12:15</b>	<b>12:21</b>	<b>12:31</b>	<b>12:47</b>
11:07	11:22	11:33	11:38	<b>12:07</b>	<b>12:09</b>	<b>12:45</b>	<b>12:51</b>	<b>1:01</b>	<b>1:17</b>
11:37	11:52	<b>12:03</b>	<b>12:08</b>	<b>12:37</b>	<b>12:39</b>	<b>1:15</b>	<b>1:21</b>	<b>1:31</b>	<b>1:47</b>
<b>12:07</b>	<b>12:22</b>	<b>12:33</b>	<b>12:38</b>	<b>1:07</b>	<b>1:09</b>	<b>1:45</b>	<b>1:51</b>	<b>2:01</b>	<b>2:17</b>
<b>12:37</b>	<b>12:52</b>	<b>1:03</b>	<b>1:08</b>	<b>1:37</b>	<b>1:39</b>	<b>2:15</b>	<b>2:21</b>	<b>2:31</b>	<b>2:47</b>
<b>1:07</b>	<b>1:22</b>	<b>1:33</b>	<b>1:38</b>	<b>2:07</b>	<b>2:09</b>	<b>2:45</b>	<b>2:51</b>	<b>3:01</b>	<b>3:17</b>
<b>1:34</b>	<b>1:49</b>	<b>2:03</b>	<b>2:08</b>	<b>2:37</b>	<b>2:39</b>	<b>3:15</b>	<b>3:21</b>	<b>3:31</b>	<b>3:47</b>
<b>2:04</b>	<b>2:19</b>	<b>2:33</b>	<b>2:38</b>	<b>3:07</b>	<b>3:09</b>	<b>3:45</b>	<b>3:51</b>	<b>4:01</b>	<b>4:17</b>
<b>2:34</b>	<b>2:49</b>	<b>3:03</b>	<b>3:08</b>	<b>3:37</b>	<b>3:39</b>	<b>4:15</b>	<b>4:21</b>	<b>4:31</b>	<b>4:47</b>
<b>3:04</b>	<b>3:19</b>	<b>3:33</b>	<b>3:38</b>	<b>4:07</b>	<b>4:09</b>	<b>4:45</b>	<b>4:51</b>	<b>5:01</b>	<b>5:17</b>
<b>3:33</b>	<b>3:48</b>	<b>4:02</b>	<b>4:07</b>	<b>4:36</b>	<b>4:39</b>	<b>5:12</b>	<b>5:18</b>	<b>5:28</b>	<b>5:44</b>
<b>4:04</b>	<b>4:19</b>	<b>4:33</b>	<b>4:38</b>	<b>5:07</b>	<b>5:09</b>	<b>5:42</b>	<b>5:48</b>	<b>5:58</b>	<b>6:14</b>
<b>4:33</b>	<b>4:48</b>	<b>5:02</b>	<b>5:07</b>	<b>5:36</b>	<b>5:38</b>	<b>6:11</b>	<b>6:17</b>	<b>6:27</b>	<b>6:43</b>
<b>5:03</b>	<b>5:18</b>	<b>5:32</b>	<b>5:37</b>	<b>6:04</b>	<b>6:06</b>	<b>6:39</b>			
<b>5:33</b>	<b>5:48</b>	<b>6:02</b>	<b>6:07</b>	<b>6:34</b>					
<b>6:06</b>	<b>6:21</b>	<b>6:32</b>	<b>6:37</b>	<b>7:04</b>	<b>7:06</b>	<b>7:39</b>			
<b>6:36</b>	<b>6:51</b>	<b>7:02</b>	<b>7:07</b>	<b>7:34</b>					